## RIVERSIDE 24/7 FITNESS - 24/7 AGREEMENT – USAGE OF GYM 24 HRS

| Name   |          |
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| Fitness Passport Number  |          |
| <ol> <li>I agree to abide by, at all times, the existing rules as set out on the notices<br/>within the gym</li> </ol>   |          |
| <ol> <li>I have been advised and understand the exercises that should not be performed<br/>whilst I am training by myself during unstaffed hours</li> </ol>  |          |
| <ol> <li>I agree to respect the privacy of other gym users. This includes refraining from<br/>loud grunting, sexual intimidation and harassment.</li> </ol>  |          |
| <ol> <li>I agree to replace weights and equipment back to their place of storage after use.</li> <li>I understand the safety reasons for doing so.</li> </ol>  |          |
| <ol> <li>I agree that I will not drop or throw weights, or use the equipment in any way that could</li> <li>damage the equipment, make noises that will irritate other members or tenants in offices and shops within the building.</li> </ol>   |          |
| <ol> <li>I agree that I will use the equipment in a way that is fair to all members.</li> <li>This includes not dominating equipment and not taking up excessive space.</li> </ol>   |          |
| 8. I will agree to alert management of Riverside 24/7 if I witness any person damaging Equipment, or if any item of equipment breaks, I will take appropriate action to alert staff.   |          |
| <ol> <li>I agree to use a towel and keep a reasonable level of personal hygiene at all times.</li> <li>This includes not wearing work boots in the gym, wearing a shirt at all times and ensuring applying deodorant if needed, we have it available at the desk.</li> </ol>   |          |
| 10. I understand that if in the event someone uses my tag and membership, my membership will be cancelled and all future access will be denied to the facility   |          |
| 11. I agree that if a person 'tailgates' me into the Riverside 24/7 fitness I will alert management of this h 12. I agree that if in the event I lose my swipe tag I will immediately advise the gym by contacting Angela on 0402432293 or the club 66867544. The entry tag is my responsibility and if unlawful entry is obtained through my misplaced tag a police investigation may ensue to seek prosecution for any damages enacted by the offender(s). | appening |
| 13. I understand that my membership fees must be paid up to date for usage of the facility.<br>Should there be a default on direct debit payments I will make arrangements with<br>Riverside 24/7 fitness to rectify, enabling continual access  |          |
| 14. I understand that I need to swipe the tag at entry. I understand that I cannot use the  15. back door / Fire escape  |          |
| 16. I agree not to interfere with the air-conditioning, fans, office, computer, lighting or televisions  |          |
| 17. I understand that my property is my own responsibility and am responsible for securing it in the gym   |          |
| 18. I understand that I undertake exercise at my own risk, and Whilst Riverside 24/7 Fitness managemer will provide me a safe facility I will not hold management or staff responsible for any injury, loss or damage incurred to me during my usage of the facility.  | nt       |
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Date

Signed\_\_\_\_\_